Since 1984, Arthrex has been a privately held corporation committed to one thing: providing the finest quality products and educational services to meet the special needs of surgeons and their patients.

Arthrex is dedicated to creative product development and medical education with an experienced, devoted team of professionals who are truly committed to continuing this long-term tradition.

New product innovation in less invasive surgery is the heart and soul of Arthrex, which has resulted in the development of over 5,000 products for arthroscopic and minimally invasive orthopaedic surgical procedures. Our goal is to make technically demanding surgical procedures easier, safer and reproducible.

Your trust in Arthrex products means you are backed by a company committed to uncompromising quality and constant product innovation, while providing you with the most competent technical customer support in the industry.
Bioabsorbable Implant Technology

BioComposite implant material composed of β-TCP/PLDLA or PLA offers the same benefits of the bioabsorbable material, with the addition of 15% Beta-tricalcium phosphate. Studies suggest that early bone formation can be connected to the favorable osteoconductive and bioresorbable properties within β-TCP. BioComposite choices can be found in the Tenodesis Screw System and SutureTak anchor line.

Intraosseous Ligament and Tendon Fixation

Arthrex is a leader in intraosseous soft tissue fixation with years of success in the knee and shoulder markets. The patented Tenodesis Screw System is a breakthrough technology that enables the surgeon to tension and attach tendon or tendon graft directly to bone inside a predrilled socket.

Suture Anchors

Suture anchors provide the highest attachment strength possible, making technically demanding procedures simpler, safer, and more reproducible. The bioabsorbable anchors are made of PLDLA (poly(L-lactide-co-D, L-lactide)), PLLA ((poly)L-lactide) or BioComposite (PLDLA/Beta tricalcium phosphate). They maintain strength during the critical 12-week soft tissue healing phase and then undergo resorption.

All anchors are preloaded with FiberWire suture, which is stronger than standard polyester or absorbable sutures.

FiberWire

FiberWire, a suture made of ultra-high molecular weight polyethylene (UHMWPE) and polyester, braided over a UHMWPE core, has made a significant impact in foot and ankle surgery. FiberWire demonstrates approximately twice the strength of standard polyester suture in straight pull and knot break testing. FiberWire’s high strength characteristics, along with significantly increased abrasion-resistance, give the surgeon confidence during knot tying and early motion that suture breakage is virtually eliminated.

Surgeon Education

The most important aspect to the Arthrex advantage is the emphasis we place on surgeon education. We have dedicated six convenient state-of-the-art wet lab facilities in the United States exclusively for surgeon education. In addition to scheduled Saturday courses, we are able to accommodate the individual needs of surgeons for weekday labs in the Naples facility. All labs are equipped with the latest equipment and technical assistance to provide visiting surgeons with the best educational experience possible.
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**Tenodesis™ Screw System**

Now available in BioComposite, the Tenodesis Screw System provides the most technologically advanced interference fixation. BioComposite implant material composed of ß-TCP and PLLA offers the same benefits of the bioabsorbable material, with the addition of 15% Beta-tricalcium phosphate. Studies suggest that early bone formation can be connected to the favorable osteoconductive and bioreabsorbable properties within ß-TCP.

With a comprehensive product line including BioComposite, PLLA, PEEK and titanium, the system provides superior and immediate fixation for hand, wrist and elbow procedures such as LRTI for CMC arthroplasty, collateral ligament reconstruction, and biceps tendon repair.

### Bio-Tenodesis Screw Master Set (AR-1675S) includes:
- Cannulated Drill, 4 mm AR-1204L
- Cannulated Drill, 4.5 mm AR-1204.5L
- Cannulated Headed Reamers, 5 - 10 mm AR-1405-10
- Tear Drop Handle w/Suture Cleat AR-2001BT
- Driver for 10 mm Tenodesis Screws AR-1540DB
- Driver for 10 mm and 12 mm Tenodesis Screws AR-1670DB
- Driver for Tenodesis Screws AR-1350D
- Driver for 23 mm Bio-Tenodesis Screws AR-1570DB
- Bio-Tenodesis Screw Instrumentation Case AR-1675C

### Implants:

- BioComposite Tenodesis Screw w/handled inserter, 3 mm x 8 mm AR-1530BC
- BioComposite Tenodesis Screw, 4 mm x 10 mm AR-1540BC
- BioComposite Tenodesis Screw, 4.75 mm x 15 mm AR-1547BC
- BioComposite Tenodesis Screw, 5.5 mm x 15 mm AR-1555BC
- BioComposite Tenodesis Screw, 6.25 mm x 15 mm AR-1562BC
- BioComposite Tenodesis Screw, 7 mm x 23 mm AR-1570BC
- BioComposite Tenodesis Screw, 7 mm x 10 mm AR-1570DB
- BioComposite Tenodesis Screw, 8 mm x 12 mm AR-1680BC
- BioComposite Tenodesis Screw, 8 mm x 23 mm AR-1580BC
- BioComposite Tenodesis Screw, 9 mm x 23 mm AR-1590BC
- Tenodesis Screw, 4.75 mm x 15 mm, titanium AR-1350-475
- Tenodesis Screw, 5.5 mm x 15 mm, titanium AR-1350-55
- Bio-Tenodesis Screw w/handled inserter, 3 mm x 8 mm AR-1530B
- Bio-Tenodesis Screw, 4 mm x 10 mm AR-1540B
- Bio-Tenodesis Screw, 4.75 mm x 15 mm AR-1547B
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- Bio-Tenodesis Screw, 9 mm x 23 mm AR-1590B
- PEEK Tenodesis Screw, 3 mm x 8 mm AR-1530PS
- PEEK Tenodesis Screw, 4 mm x 10 mm AR-1540PS
- PEEK Tenodesis Screw, 4.75 mm x 15 mm AR-1547PS
- PEEK Tenodesis Screw, 5.5 mm x 15 mm AR-1555PS
- PEEK Tenodesis Screw, 6.25 mm x 15 mm AR-1562PS
- PEEK Tenodesis Screw, 7 mm x 10 mm AR-1570PS
- PEEK Tenodesis Screw, 7 mm x 23 mm AR-1570T
- PEEK Tenodesis Screw, 8 mm x 12 mm AR-1680PS
- PEEK Tenodesis Screw, 8 mm x 23 mm AR-1580PS
- PEEK Tenodesis Screw, 9 mm x 23 mm AR-1590PS

### Disposables:

- Small Diameter Bio-Tenodesis Disposables Kit AR-1677DS
- Bio-Tenodesis Disposables Kit for 3 mm x 8 mm screw, sterile AR-1530BS

### Literature:

- LRTI for Thumb CMC Surgical Technique LT0410
- Thumb UCL Repair/Reconstruction Surgical Technique LT0406
- Bio-Tenodesis Screw System Brochure LB0505
- Bio-Tenodesis Screw System 5-Part Surgical Technique LB0005
- UCL Thumb UCL Elbow CMC Arthroplasty Distal Biceps
Intraosseous Ligament & Tendon Fixation

QuickPass Tendon Shuttle®

Designed to ease the passage of tendon grafts through bone tunnels, these tendon passers reduce surgical steps and save valuable surgical time. While the nose of the tendon passers is thin for easy navigation through a tunnel, the back end opens up to accept the tendon. Once the tendon is introduced, the nylon mesh constricts around it and increases its hold under tension, much like a finger trap.

- QuickPass Tendon Shuttle, 2.5 mm x 16 cm, small: AR-8090S
- QuickPass Tendon Shuttle, 3.5 mm x 22 cm, large: AR-8090L

Literature:
- LRTI for Thumb CMC Surgical Technique: LT0410
**Biceps Button™/Tenodesis Hybrid Fixation**

This hybrid fixation technique provides the best of both worlds – the Biceps Button for cortical fixation produces the best ultimate load-to-failure, and the Tenodesis Screw allows tendon-to-bone contact, securing the initial fixation.

**Strong** - Biceps Button supports 432N in ultimate load*

**Secure** - Tenodesis Screws ensure minimal gap formation (1.45 mm)

**Straightforward** - Tension slide technique can be done through a single incision

**Distal Biceps Repair Implant System**  AR-2260
**Biceps Button**  AR-2261

*Data on file

---

Load free ends of suture through Biceps Button

Insert button through opposite cortex with inserter and use pulley effect to seat tendon

Insert Tenodesis Screw to position tendon towards its anatomic position
**Mini TightRope® CMC Fixation**

The Mini TightRope, in conjunction with a biologic repair, provides a unique means to stabilize the thumb metacarpal after a trapezial resection or removal for treatment of CMC arthritis. The Mini TightRope can also be used as an adjunct and stabilizer in CMC instability and in the case of revision with proximal migration after tendon reconstruction.

The Mini TightRope uses a pulley principle to help reduce the thumb and index metacarpals into proper relationship, that is maintained through healing. This construct consists of four passes of #2 FiberWire through two stainless steel buttons – one oblong for passage through bone tunnels and one round for cortical fixation. The trapezial space may be left empty, or filled with an allograft anchovy spacer.

**Advantages:**
- Stabilizes and protects biologic repair
- May allow earlier rehabilitation
- Maintains trapezial space
- Solid and stable suspensionplasty
- FiberWire has little stretch
- Promotes scarring with micromotion
- Flexible suture based fixation

**Mini TightRope Repair Kit (AR-8911DS), sterile, single use includes:**
- Guidewire, 0.45”
- Cannulated Drill Bit
- TightRope

**Optional Accessories:**
- C-ring Aiming Guide AR-50266
- Drill Guide/Tissue Protector AR-8943-31

**Literature:**
- Mini TightRope CMC Surgical Technique LT0427
3 mm/3.5 mm Bio-Compression Screw

For fracture and osteotomy fixation in periarticular applications, this screw offers interfragmentary compression and a headless profile to promote healing. Produced from solid enhanced PLLA and designed for excellent thread-to-bone contact, the Bio-Compression Screw provides excellent strength during insertion and healing.

Eliminates - Metal screw removal, screw head impingement, imaging scatter
Self-compressing - Using a stepped thread pitch and a taper, this screw draws two fragments together without the need to overdrill/lag the proximal piece
Headless & Absorbable - Without prominence above the cortex and imageless on an x-ray, this is as close to a natural repair as possible
Straightforward Instrumentation - A simple low cost set ensures proper drill depth and tapping with no guesswork
Fixation of small bone fragments - Femoral condyle, patella, talus, metatarsals, radial head, navicular, and metacarpals

Bio-Compression Screws, 3 - 3.7 mm x 16 mm — 26 mm

Bio-Compression Screws, 3.5 - 4.4 mm — 5.2 mm
**Trim-iT Drill Pin™ Fixation**

**Trim-iT Drill Pin Advantages:**
- Pin seats in any standard pin driver (accepting 0.078 - 0.125 inches)
- Quick and easy placement techniques
- Superior shear strength compared to other absorbable pins*

**Bioabsorbable Advantages:**
- Radiolucency
- No need for removal
- Clinical outcomes equivalent to metal*
- Closer to the elastic modulus of bone
- Resorption with replacement by bone

**Trim-iT Drill Pin Disposables Kit (AR-4152DS) includes:**
- 2 mm x 100 mm absorbable pin with metal tip
- Laser marked metal pin (pdrilling)
- Graduated Bone Tamp

**Trim-iT Drill Pin Disposables Kit (AR-4151DS) includes:**
- 1.5 mm x 100 mm absorbable pin without metal tip
- Laser marked metal pin (pdrilling)
- Graduated Bone Tamp

**Accessories:**
- Hot Loop Cutter, sterile
- Bone Cutting Forceps
- Trim-iT Cutter
- Manual Insertion Instruments

**Literature:**
- Trim-iT Drill Pin Brochure
- Trim-iT Drill Pin Sales Sheet

*data on file

**Boxer’s Fracture**

2 mm Pin with Metal Tip

1.5 mm Pin

AR-4152DS–2 mm Trim-iT Drill Pin Bone Tamp and Guide Sleeve

AR-4151DS–1.5 mm Trim-iT Drill Pin Bone Tamp and Guide Sleeve

Antegrade

Retrograde
Low Profile Plate and Screw System

While requiring minimal dissection, these low profile plates provide excellent stability and durability. By using a spacer on the plate to dial in correction, the system offers a technique that is fast, effective and reproducible for angular corrections.

**Self-Drilling Cannulated 2.3 Screws** - Quick insertion after provisional fragment stabilization

**Minimal Soft Tissue Irritation** - At .5 mm thick, the plates are ideal for areas with less soft tissue coverage

**Anatomical Correction** - With wedge sizes ranging from 0 - 7 mm, a surgeon can dial-in the desired correction

**Straightforward Technique** - Simplified instrumentation makes procedures quick

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<td>Osteotomes, 5 mm, 10 mm and 12 mm AR-13203-05, 10 and 12</td>
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<td>Hohmann Retractor, qty. 2 AR-13210</td>
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<td>Opening Wedge Trial AR-13200MT</td>
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<td>Cannulated Drill w/AO Connection, 1.7 mm, qty. 2 AR-13201.7DC</td>
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<td>Cannulated Driver Shaft w/AO Connection, 1.5 mm, qty. 2 AR-13222C</td>
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<td>Cannulated Depth Device AR-13120G3</td>
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<td>Guide Wires, .034&quot;, qty. 6 AR-13240K</td>
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<td>LPS Opening Wedge Plate, 2 mm - 7 mm, right AR-13200M-02R–07R</td>
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<td>Cortical Screws, 2.3 mm x 10 mm - 30 mm AR-13120T10–30</td>
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<td>Cannulated Lag Screws, 2.3 mm x 10 - 30 mm AR-13120T10C–30C</td>
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Consider These Surgical Procedures:
- Small Fracture Fixation
- Fusion of Small Bone Joints
- Corrective Osteotomies
2.5 mm PushLock® Knotless Suture Anchor

The 2.5 mm PushLock Suture Anchor provides a secure means of knotless fixation in the hand and wrist, as well as in foot and ankle applications. Accommodating two strands of either size 0 or 2-0 FiberWire, this two-piece anchor enables a no-profile repair that is quick and straightforward.

The 2.5 mm PushLock uses a PEEK eyelet to place the sutures at the bottom of a drill hole, allowing the surgeon to tension precisely by hand and lock the sutures in place by impacting the tak portion of the anchor. Both the high strength radiolucent PEEK and the absorbable PLLA 2.5 mm PushLock optimizes tissue tension and fixation without knot tying.

PushLock Instrumentation:
Mini Bio-SutureTak Disposables Kit
(Disposable punch for soft bone, 1.8 mm & 2 mm drills for harder bone, drill guide) AR-1322DS
2-0 FiberWire, 18 inches w/Tapered Needle 17.9 mm 3/8 circle AR-7220
0 FiberWire, 38 inches w/Tapered Needle 22.2 mm 1/2 circle AR-7250

PushLock Implants:
Bio-PushLock, 2.5 mm AR-8825B
PEEK Pushlock, 2.5 mm AR-8825P

Literature:
Thumb UCL Repair/Reconstruction Surgical Technique LT0406
2.5 mm PushLock Technique LT0475
BioComposite SutureTak® and Bio-SutureTak®—Micro, Mini and Small Joint

This family of unique “push-in” suture anchors allows for a straightforward insertion and a flexible nonabrating suture eyelet. Predrill, tap the anchor into place and secure the soft tissues with the preloaded FiberWire with needles. With less damage to the cortex than competitive barbed anchors, and forgiving suture-on-suture eyelet interface, the SutureTak family provides clear advantages.

Excellent Cortical Purchase - With ridges along their entire length, these anchors provide superior pull-out in harder cortical bone

Minimized Suture Abrasion - The suture-on-suture eyelet interface avoids the type of wear that can occur between an anchor and suture

Preloaded with Two Needles and FiberWire - Providing excellent strength in a smaller size, this nonabsorbable, braided polyblend suture is preloaded for convenience

Straightforward Technique - Simple, shorter instrumentation and technique create a reliable and quick procedure

Proven Material - The Bio-SutureTak is manufactured from bioabsorbable PLDLA amorphous copolymer. The BioComposite SutureTak is manufactured from PLDLA and β-TCP (Beta-tricalcium phosphate)

Micro SutureTak:
2.4 mm x 6.5 mm (includes 1.5 mm suture eyelet)
W/2-0 FiberWire and two Tapered Needles,
17.9 mm 3/8 circle
Micro Bio-SutureTak w/ Needles AR-1320BNF
Micro BioComposite SutureTak w/ Needles AR-1320BCNF
Micro SutureTak Disposables Kit AR-1320DSC

Mini SutureTak:
2.4 mm x 8.5 mm (includes 1.5 mm suture eyelet)
W/2-0 FiberWire and two Tapered Needles,
17.9 mm 3/8 circle
Mini Bio-SutureTak w/ Needles AR-1322BNF
Mini Bio-SutureTak Punch AR-1322PB
Mini BioComposite SutureTak w/ Needles AR-1322BCNF
Mini SutureTak Disposables Kit AR-1322DSC

Small Joint SutureTak:
3 mm x 14 mm (includes 1.5 mm suture eyelet)
W/#1 FiberWire and two Cutting Needles,
26.2 mm 1/2 circle
Small Joint Bio-SutureTak w/ Needles AR-8934BNF
Small Joint BioComposite SutureTak w/ Needles AR-8934BCNF
Small Joint SutureTak Disposables Kit AR-8934DSC
Short Spear (for Bio-HAStak and Bio-SutureTak) AR-1326G
Short Spade Tip Drill AR-1256

Consider These Surgical Procedures:
- Scapholunate Repair
- Collateral Ligament Repairs
- Flexor Tendon Reattachment
Small Joint Bio-Corkscrew® FT

This fully threaded anchor provides excellent holding power with purchase through the cortical and into the cancellous bone of the calcaneus and tarsal bones. The Bio-Corkscrew FT also minimizes suture abrasion with the recessed suture eyelet for the two strands of #1 FiberWire preloaded into the anchor.

**Fully Threaded for Improved Pull-out Strength** - Full length bone purchase provides extra security

**Preloaded with Two Needles and FiberWire** - Providing excellent strength in a smaller size, this nonabsorbable, braided polyblend suture is preloaded for convenience

**Simple Instrumentation** - While a tap may be used in hard bone, the Bio-Corkscrew Punch is usually sufficient for preparing the bone. A shorter inserter handle is designed specifically for use in the open procedures.

**Proven Material** - The Bio-Corkscrew is manufactured from bioabsorbable PLDLA amorphous copolymer

---

**Required Instrumentation:**

- Bio-Corkscrew Punch, 5 mm AR-1920PB
- Bio-Corkscrew Cutting Punch, 5 mm AR-1920CB
- Cutting Tap for Bio-Corkscrew FT AR-1927CTB

---

**Small Joint Bio-Corkscrew FT Suture Anchor, 5.5 mm x 15 mm** w/ two #1 FiberWire and two Diamond Point Needles, 26.2 mm 1/2 circle AR-8927BNF

---

**3.7 mm Small Joint Bio-Corkscrew Suture Anchor**

Using the same thread design as the titanium Corkscrew, this bioabsorbable soft tissue anchor maximizes pull-out strength in softer cancellous and osteopenic bone. The Bio-Corkscrew virtually eliminates suture abrasion with its suture eyelet, which is also large enough to be reloaded with four #2 sutures if desired.

**Cancellous Thread for Improved Pull-out Strength** - Deep cancellous threads provide security in soft bone

**Preloaded with Two Needles and FiberWire** - Providing excellent strength in a smaller size, this nonabsorbable, braided polyblend suture is preloaded for convenience

**Simple Instrumentation** - While a tap may be used in hard bone, the Bio-Corkscrew Punch is usually sufficient for preparing the bone. A shorter inserter handle is designed specifically for use in the open procedures.

**Proven Material** - The Bio-Corkscrew is manufactured from bioabsorbable PLDLA amorphous copolymer

---

**Required Instrumentation:**

- Bio-Corkscrew Punch/Tap combo 3.7 mm AR-1920PTB-37

---

**Small Joint Bio-Corkscrew Suture Anchor, 3.7 mm x 17.9 mm** w/ 0 FiberWire and two Diamond Point Needles, 22.2 mm 1/2 circle AR-1923BNF

---

**Bio-Corkscrew Punch/Tap combo 3.7 mm** AR-1920FTB-37

---

**Consider This Surgical Procedure:**

- Distal Biceps Tendon Reattachment

---
Micro, Mini, and 3.5 mm Corkscrew® FT

The Micro, Mini, and 3.5 mm Corkscrew FT Suture Anchors are designed with a fully threaded length to create maximum cortical purchase in smaller bones. Using an internal drive mechanism and suture eyelet, these titanium anchors enable surgeons to secure threads in the best bone—the cortex.

**Fully Threaded** - For maximum cortical purchase

**Convenient** - Predrill the cortex with included K-wire and insert the anchor

**Preloaded with 2-0 FiberWire** - For superior strength and handling ease

**Preloaded with Smaller Tapered Needles** - To save surgical time

<table>
<thead>
<tr>
<th>Anchor Type</th>
<th>Suture Anchor</th>
<th>Dimensions</th>
<th>Needle Color</th>
<th>Needle Size</th>
<th>Diameter</th>
<th>Length</th>
<th>Code</th>
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<tr>
<td>Micro Corkscrew FT Suture Anchor</td>
<td>2.2 mm x 4 mm</td>
<td>17.9 mm 3/8 circle w/K-wire</td>
<td>2-0 FiberWire and two tapered needles</td>
<td>AR-1318FT</td>
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<tr>
<td>Mini Corkscrew FT Suture Anchor</td>
<td>2.7 mm x 7 mm</td>
<td>17.9 mm 3/8 circle w/K-wire</td>
<td>2-0 FiberWire and two tapered needles</td>
<td>AR-1319FT</td>
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<tr>
<td>3.5 mm Corkscrew FT Suture Anchor</td>
<td>3.5 mm x 10 mm</td>
<td>26.5 mm 1/2 circle w/K-wire</td>
<td>2-0 FiberWire and two tapered needles, #1 FiberWire</td>
<td>AR-1915FT</td>
<td></td>
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</tr>
</tbody>
</table>

**Pull-out Strength Comparison**

*Data on file*
Titanium Small Joint Corkscrew Suture Anchor

Designed for maximum purchase and holding power in softer cancellous bone, the Small Joint Corkscrew offers a small inner diameter and large cancellous thread design. These self-drilling anchors start easy and hold strong in the calcaneus and tarsal bones for a variety of soft tissue repairs.

Threaded for Improved Pull-out Strength - Not only do threaded anchors provide more security than barbed anchors, but they also provide a path for removal if needed.

Preloaded with Two Needles and FiberWire - Providing excellent strength in a smaller size, this nonabsorbable, braided polyblend suture is preloaded for convenience.

Straightforward Technique - A short inserter and self-drilling design create a reliable and quick procedure with no additional instrumentation needed.

Small Joint Corkscrew Suture Anchor, 3.5 mm x 15 mm, titanium w/0 FiberWire and two Diamond Point Needles, 22.2 mm 1/2 circle AR-1915SNF

Small Joint Corkscrew Suture Anchor, 5 mm x 15 mm, titanium w/1 FiberWire and two Diamond Point Needles, 26 mm 1/2 circle AR-1920SNF

Actual Sizes

*data on file

Small Bone FASTak™ Suture Anchor

With significantly more holding power than Nitinol arc “barbed” suture anchors*, threaded suture anchors reduce the risk of tissue separation due to anchor slip.

The titanium Small Bone FASTak Suture Anchor alleviates the need for predrilling, while creating an excellent point of fixation.

Threaded for Improved Pull-out Strength - Not only do threaded anchors provide more security than barbed anchors, but they also provide a path for removal if needed.

Preloaded with Two Needles and FiberWire - Providing excellent strength in a smaller size, this nonabsorbable, braided polyblend suture is preloaded for convenience.

Straightforward Technique - A short inserter and self-drilling design create a reliable and quick procedure with no additional instrumentation needed.

Small Bone FASTak Suture Anchor, 2.4 mm x 7.5 mm w/handled inserter and 2-0 FiberWire and two Tapered Needles, 17.4 mm 3/8 circle AR-1322-752SF

Actual Sizes

*data on file

Tissue-to-Bone Fixation

Consider These Surgical Procedures:

• Scapholunate Repair
• Distal Biceps Tendon
• UCL Repair
Centerline ECTR

Clinical data supports an earlier return to normal activities of up to 50% over open procedures for carpal tunnel release. The Centerline System raises the bar for endoscopic carpal tunnel procedures by increasing safety, visualization, ergonomics and reducing the possibility of mechanical failures.

Safer - Centerline puts the surgeon in position to make the cut. By putting the surgeon’s hand in line with the blade, better control is afforded and chances of median nerve injury are reduced.

Simplified - Straightforward instrumentation and a disposable blade mechanism, that contains all moving parts, will speed procedures and lessen the chance for mechanical failures and maintenance issues.

Straightforward - Single-handed, pull-blade technique enables a quick and exact technique.

Optimal Comfort - Ergonomic design for better feel and function during the procedure.

Convenient - Sterile single use disposable blade sheath streamlines OR and facility handling.

Centerline ECTR, disposable (Scope sold separately) AR-8850

Centerline Scope
Reverse Post Light Scope, 2.9 mm AR-3030AR

Centerline Instrument Set (AR-8850S) includes:
- Dilator, 4.8 mm AR-8851
- Dilator, 6.8 mm AR-8852
- Synovial Elevator AR-8853
- Instrument Case for Scope AR-8850SC
- Centerline ECTR Instrument Case AR-8850DC

Literature:
- Centerline Carpal Tunnel Release Surgical Technique LT0412

*Data on file

Endoscopic Carpal Tunnel Guided Release System (GRS)

The Arthrex Endoscopic Carpal Tunnel Guided Release System is a single-portal system consisting of a set of precision autoclavable instruments used in conjunction with a sharp disposable blade. The Slotted Instrument Sheath provides unsurpassed visualization with a standard 4 mm arthroscope. The sheath’s longitudinal slot guides the blade for a precise division of the transverse carpal ligament.

Endoscopic Carpal Tunnel GRS (AR-8800S) includes:
- Slotted Instrument Sheath AR-8801
- 4 mm Obturator AR-8802
- 4.8 mm Dilator AR-8803
- 6.8 mm Dilator AR-8804
- Synovial Elevator AR-8805
- Blade Handle AR-8806
- Tray for Carpal Tunnel GRS AR-8808

Optional:
- GRS Disposable Blade AR-8807S

Arthrex provides a convenient autoclavable storage case for all Endoscopic Carpal Tunnel GRS instrumentation.
Ankle Arthroscopy Set

This set of instruments was designed for the small joint surgeon to alleviate the need to borrow awkward instruments from larger joint sets and offer a comprehensive solution for small joint arthroscopy. This complete set of instruments includes ring-handled graspers and punches, as well as curettes, osteotomes, elevators and Chondro Picks for the daily work of the small joint arthroscopist.

In addition to the standard instrumentation, this unique set is available with the optional GPS System to pinpoint K-wire and screw placement.* Specialty instruments for OCD carving and elevation are also available in the set.

**Appropriate Sizing for Small Joints** - Ring-handled instruments have 2.75 mm diameters. The other instruments are sized and designed specifically for small joint applications.

**Innovative Design** - One of a kind designs, like the optional GPS system and specialized OCD instruments provide a complete and unique offering to the small joint arthroscopist.

**Complete Set for the OR** - The tray holds all of the commonly used instruments, so there is no need to pull multiple sets.

**Quality Construction** - Ring-handled instruments use friction-free Teflon® bearings and come with a lifetime warranty against manufacturing defects.

### Ankle Arthroscopy Set (AR-8655S) includes:

- Small Joint Osteotome, angled up: AR-8655-09
- Small Joint Osteotome, straight: AR-8655-08
- Small Joint Osteotome, straight, large: AR-1771
- Punch, slender, ø2.7 mm, straight shaft: AR-11100
- Punch, large ø2.75 mm, straight shaft: AR-11200
- Grasper, pointed straight tip, ø2.7 mm, straight shaft w/SR Handle: AR-11700SR
- Grasper, pointed straight tip, ø2.75 mm, 15˚ up curved shaft w/SR Handle: AR-11710SR
- Graduated Black Probe, 2.5 mm tip: AR-8655-16
- Cobb Elevator, 9 mm width: AR-8655-10
- Cup Curette, large, straight shaft, 100 mm: AR-8661
- Cup Curette, small, straight shaft, 100 mm: AR-8655-02
- Curette, large ring, straight shaft, 100 mm: AR-8663
- Curette, small ring, straight shaft, 100 mm: AR-8655-04
- Curette, angled ring, straight shaft, 100 mm: AR-8655-15
- Curette, straight ring, straight shaft, 100 mm: AR-8655-14
- OCD Elevator Blade: AR-8655-11
- OCD Carving Blade: AR-8655-12
- Drill Guide: AR-8655-13
- Small Joint Arthroscopy Instrumentation Case: AR-8655C

### Chondro Pick Set (AR-8655SP) includes:

- Chondro Pick, straight, 30˚ tip: AR-8655-05
- Chondro Pick, straight, 60˚ tip: AR-8655-06
- Chondro Pick, concave, 90˚ tip: AR-8671

*Case will accommodate optional GPS targeting guide in bottom tray.
GPS Targeting Drill Guide

Available as an adjunct to the Ankle Arthroscopy Set or as a stand-alone instrument set, the GPS Targeting Drill Guide offers the ability to precisely place Kirschner wires for cannulated screws, as well as a multitude of other applications where precise K-wire placement is desired.

The sturdy aluminum frame offers a lightweight and precise instrument capable of rotating, while allowing pinpoint placement of 1.1 mm, 1.6 mm and 2.4 mm K-wires. A variety of patterns from a single hole to a 2, 3, and 4-hole pattern in the 1.1 mm and 1.6 mm sizes are available.

Hard to reach areas are easily pinpointed using either the straight Talar Dome Indicator or the curved Talar Dome Indicator.

GPS Targeting Drill Guide Set (AR-8655GS) includes:

<table>
<thead>
<tr>
<th>Item Description</th>
<th>Part Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>GPS Targeting Drill Guide</td>
<td>AR-8655G</td>
</tr>
<tr>
<td>Indicator, straight</td>
<td>AR-8655G-01</td>
</tr>
<tr>
<td>Indicator, Talar Dome</td>
<td>AR-8655G-09</td>
</tr>
<tr>
<td>Guide Sleeve, Single Bone, 1.6 mm</td>
<td>AR-8655G-02</td>
</tr>
<tr>
<td>Guide Sleeve, Double Bone, 1.6 mm</td>
<td>AR-8655G-03</td>
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<tr>
<td>Cannula, 1.6 mm</td>
<td>AR-8655G-04</td>
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<tr>
<td>Guide Sleeve, Single Bone, 1.1 mm</td>
<td>AR-8655G-05</td>
</tr>
<tr>
<td>Guide Sleeve, Double Bone, 1.1 mm</td>
<td>AR-8655G-06</td>
</tr>
</tbody>
</table>

Disposable Small Joint Shaver Blades and Burrs

Made with the same attention to detail as their larger counterparts, the disposable small joint shaver blades and burrs provide outstanding performance in bone and tissue resection applications.

The disposable small joint shaver blades and burrs can be used in all APS II shaver handpieces and can be inserted with the cutting window in the up or down position.

| APS II Control Console                  | AR-8300       |
| CoolCut SJ Blades and Burrs:            |               |
| Sabre, SJ, 2 mm x 7 cm                  | AR-72005R     |
| Sabre, SJ, 3 mm x 7 cm                  | AR-73005R     |
| Dissector, SJ, 3 mm x 7 cm              | AR-73005S     |
| Oval Burr, SJ, 10-Flute, 3 mm x 7 cm    | AR-73000BT    |
| Round Burr, SJ, 8-Flute, 3 mm x 7 cm    | AR-73000RE    |

Handpieces:

- Shaver Handpiece, Foot Control (gray) | AR-8330F
- Shaver Handpiece, Hand Control (gray) | AR-8330H

Literature:

Arthrex CoolCut Series—Shaver Blades and Burrs Chart | LR0657

APS II Control Console

Shaver Handpiece
CoolCut® Radio Frequency Ablation

The new line of CoolCut radio frequency devices features an innovative ergonomic handle with finger touch controls. The 90° versions have a unique shape that allows for maximum extension from the tip of the electrode to the shaft of the device, while still fitting through a 5 mm cannula. The new CoolCut shaft coating facilitates easy insertion through both working cannulas and subcutaneous tissue.

The pioneering design of the CoolCut electrode tips makes it possible to operate the CoolCut series at extremely low power settings, thereby increasing patient safety without sacrificing performance. The reduction of the power requirements also allows for the absence of a ceramic ring surrounding the electrode face, reducing the size of the tip which aids in reaching target tissue in anatomically tight spaces.

OPES Electrosurgical Generator

AR-9600

OPES Electrosurgical Generator Stand

AR-9600D

CoolCut Ablation Wands:

CoolCut SJ Ball

AR-9808SJ

CoolCut SJ Ball 45

AR-9808SJ-45

CoolCut SJ 45

AR-9809SJ-45

CoolCut SJ 90

AR-9809SJ-90

Additional Instruments and Accessories:

Arthrex Pencil Kit

AR-9610

OPES Electrosurgical Generator Bipolar Footswitch

AR-9600FB

OPES Electrosurgical Generator Monopolar Footswitch

AR-9600FM

Literature:

Arthrex CoolCut–Radio Frequency Ablation Brochure

LB0670

Small Joint Arthroscopy Hand Instrument Set

The Series I Small Joint Arthroscopy Instrument Set features a complete line of small, yet durable instruments specifically designed for wrist arthroscopy. They are available in a variety of low profile styles: straight, rotary and grasper. Each Series I instrument has a lifetime warranty against manufacturing defects. The instruments’ shaft length is 65 mm and the shaft diameter is 2.75 mm. Large elliptical rings for finger and thumb give more handling comfort and friction-free Teflon® bearings are used for a smoother tactile feel.

Small Joint Arthroscopy Hand Instrument Set (AR-8811S) includes:

Probe, Hook, Small Joint

AR-30000

Punch, Standard 2.75 mm, straight

AR-30010

Gasper, Pointed 2.75 mm, straight

AR-30020NR

Gasper, Blunt 2.75 mm, straight

AR-30030NR

Punch, Standard 2.75 mm, 15° up tip, straight

AR-30040

Punch, Large 2.75 mm, 15° up tip, straight

AR-30050

Punch, Rotary 2.75 mm, 90° R

AR-30060

Punch, Rotary 2.75 mm, 90° L

AR-30070

Punch, Standard 2.75 mm, 45° R, straight

AR-30100

Punch, Standard 2.75 mm, 45° L, straight

AR-30110

Hand Instrumentation Case, 16 slot

AR-2180

Literature:

Arthroscopy Instruments Brochure

LB0410
TFCC Solutions

Micro SutureLasso’s TFCC Repair

These 6-inch long cannulated stainless steel shafts facilitate easier repair of soft tissue tears in the TFCC. All three models are preloaded with a braided Nitinol suture shuttle to enable placement of both simple and mattress stitches. The Micro SutureLassos taper from 16-gauge at the base of the ergonomic handle to 20-gauge along the last 20 mm to the tip.

| Micro SutureLasso, minor bend | AR-8701 |
| Micro SutureLasso, major bend | AR-8702 |
| Micro SutureLasso, straight | AR-8703 |

Optional Accessories:

- 2.0 FiberStick, 2.0 FiberWire, 50 inches (blue), one end stiffened, 12 inches AR-7222
- Mini Suture Hook AR-8705
- Wrist Traction Tower AR-16115
- Finger Distraction Attachment AR-1614
- Foam Insert for Countertraction Boom, qty. 5 AR-1613
- Finger Taps, 1 ea., sterile, qty. 5 AR-1616-S, M, L, X
- Foam Hand Pads, sterile, qty. 5 AR-1617
- OPES Ablator, Small Joint, 90° AR-9601S-90

Literature:

Arthroscopic TFCC Repair Technique LT0400

TFCC Kit

Introducing an all-arthroscopic, knotless technique to repair peripheral ulnar tears of the articular disk. The advantage of this technique is that it repairs both superficial and deep layers (ligamentum subcruetum) of the articular disk back-to-bone at their anatomic insertion. In addition, using a knotless technique decreases potential soft tissue irritation from suture knots. The use of FiberWire suture allows for durable suture fixation of the articular disk as compared to absorbable suture. The featured TFCC Instrument Kit significantly simplifies the arthroscopic procedure.

TFCC Instrument Kit (AR-8825CP) includes:

- Slotted Cannula
- Obturator
- Guidewire, .86 mm
- Cannulated Drill, 1.8 mm

Accessories:

- TFCC Micro SutureLasso (with Nitinol loop) short, 70° bend AR-8704
- Mini Suture Hook AR-8705
- 2.0 FiberStick (blue) AR-7222
- 2.0 FiberWire (blue) AR-7223
- Bio-PushLock, 2.5 mm AR-8825B
- PEEK PushLock, 2.5 mm AR-8825P
- Wrist Traction Tower AR-16115

Literature:

TFCC Knotless Repair Surgical Technique LT0403
**Wrist Traction Tower**

The Wrist Traction Tower facilitates arthroscopic surgery or fracture management of the wrist by maintaining the hand and arm in a position comfortable for the patient, as well as enhanced accessibility to the surgeon.

The tower provides traction at the fingers using sterile Finger Traps. A draped countertraction post at the upper arm allows distraction and stable positioning of the wrist for operative procedures including closed reduction of fractures with pins or external fixation. The autoclavable, fully adjustable hand stabilization boom provides multi-directional hand positioning.

The Wrist Traction Tower can be used for wrist arthroscopy to treat injuries to the TFCC (Triangular Fibrocartilage Complex), ligaments and bone. One procedure in particular, the ulnar head wafer procedure, involves burr resection for a few millimeters of the ulnar head. This needs to be done through full rotation of the wrist (supination and pronation). The hand stabilizer post helps hold the wrist from full pronation to full supination, freeing the surgeon’s hands to perform the procedure.

The Finger Traps, used in conjunction with the Wrist Traction Tower, are now available in four sizes, small through extra large, to closely match the dimensions of each patient’s fingers. The weave is uniform, virtually alleviating pressure points on the fingers and possible tissue trauma.

<table>
<thead>
<tr>
<th>Item</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wrist Traction Tower</td>
<td>AR-1611S</td>
</tr>
<tr>
<td>Finger Distraction Attachment</td>
<td>AR-1614</td>
</tr>
<tr>
<td>Foam Pad for Countertraction Boom, sterile</td>
<td>AR-1615</td>
</tr>
<tr>
<td>Finger Traps, qty. 5, sterile</td>
<td>AR-1616 - S, M, L, XL</td>
</tr>
<tr>
<td>Foam Hand Pads, qty. 5, sterile</td>
<td>AR-1617</td>
</tr>
</tbody>
</table>

**Small Joint Limb Holder**

Small Joint Limb Holder provides a stable platform for arthroscopy or open procedures of the elbow. It mounts conveniently on all surgical tables and adjusts for height, width and rotation to maximize visualization and limb stability. The internal tourniquet option facilitates controlled visualization when conversion is made to an open procedure.

<table>
<thead>
<tr>
<th>Item</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small Joint Limb Holder</td>
<td>AR-1506</td>
</tr>
<tr>
<td>Foam Insert for Small Joint Limb Holder, qty. 5</td>
<td>AR-1507</td>
</tr>
</tbody>
</table>

**Literature:**

Limb Positioners Brochure LB0202
FiberWire®

FiberWire suture is constructed of a multi-stranded long chain ultra-high molecular weight polyethylene (UHMWPE) core with a braided jacket of polyester and UHMWPE. FiberWire has twice the strength of the similar sized generic suture with superior feel, tie ability and lower knot profile.

FiberWire is the ideal suture for most orthopaedic small joint procedures, whether used in conjunction with suture anchors or for tenodesis applications and tendon repairs. The FiberWire Scissor facilitates easier cutting of FiberWire.

#2 FiberWire, 38" w/Tapered Needle, 26.5 mm 1/2 circle AR-7200
2-0 FiberWire, 18" w/Tapered Needle, 17.9 mm 3/8 circle AR-7220
2-0 FiberWire, 38" AR-7221
3-0 FiberWire, 18" w/Diamond Point Needle, 26.2 mm 3/8 circle AR-7225
3-0 FiberWire, 18" w/Tapered Needle, 15 mm 3/8 circle AR-7227-01
3-0 FiberWire, 18" w/Reverse Cutting Needle, 16.3 mm 3/8 circle AR-7227-02
4-0 FiberWire, 18" w/Diamond Point Needle, 18.7 mm 3/8 circle AR-7228
4-0 FiberWire, 18" w/Tapered Needle, 12.3 mm 3/8 circle AR-7230-01
4-0 FiberWire, 18" w/Reverse Cutting Needle, 11.9 mm 3/8 circle AR-7230-02
4-0 FiberWire, 18" w/Diamond Point Needle, 18.7 mm 3/8 circle AR-7248
0 FiberWire, 38" (blue) w/Tapered Needle, 22.2 mm 1/2 circle AR-7250
0 FiberWire, 38" (blue) w/Diamond Point Needle, 22.2 mm 1/2 circle AR-7251
FiberWire Scissor, small AR-11797

*Data on file

FiberStick™

The stiff“waxed” end of the FiberStick allows convenient and easy advancement through Micro SutureLassos and other cannulated instruments or spinal needles, alleviating the need for a monofilament suture or wire suture shuttle. FiberStick comes with a thin plastic tube which protects the stiffened suture end until use.

2-0 FiberStick, 2-0 FiberWire, 50" (blue), one end stiffened, 12" AR-7222

Literature:

Revolutionizing Small Joint Orthopaedic Surgery—FiberWire Chart LB0235
Revolutionizing Orthopaedic Surgery—FiberWire Brochure LB0235
FiberLoop®

FiberLoop is the perfect suture option for multi-strand tendon repairs. These small diameter looped FiberWire products allow for strong multi-strand flexor and extensor tendon repairs while reducing tendon damage from multiple needle passes. FiberLoop is available with multiple needle options to prevent cutting suture while stitching.

4-0 FiberLoop, 6” (white) w/Tapered Needle, 12.7 mm 1/2 circle AR-7249-12
4-0 FiberLoop, 10” (white) w/Tapered Needle, 12.7 mm 1/2 circle AR-7249-20
4-0 FiberLoop, 6” (blue) w/Tapered Needle, 17.9 mm 3/8 circle AR-7229-12
4-0 FiberLoop, 10” (blue) w/Tapered Needle, 17.9 mm 3/8 circle AR-7229-20
2-0 FiberLoop, 30” (blue) w/Diamond Point Needle, 26.2 mm 3/8 circle AR-7232-01
2-0 FiberLoop, 24” (blue) w/Diamond Point Needle, 26.2 mm 3/8 circle AR-7232-02
2-0 FiberLoop, 30” (blue) w/Diamond Point Straight Needle, 64.8 mm AR-7232-03

#2 FiberLoop w/Straight Needle, 20” (blue), 76 mm needle w/7 mm loop AR-7234
#2 TigerLoop w/Straight Needle, 20” w/TigerWire (white/black), 76 mm needle w/7 mm loop AR-7234T

- Nylyn
- Prolene
- Ethibond
- FiberWire
- Stainless Steel

Biomechanical Data

Consider These Surgical Procedures:
- Flexor Tendon Repair
- Extensor Tendon Repair
- Collateral Ligament Suture Repair
- Most other Soft Tissue and Tendon Repairs in the Hand & Wrist
<table>
<thead>
<tr>
<th>FiberWire, FiberLoop and FiberWire Scissor</th>
</tr>
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<tbody>
<tr>
<td><strong>2-0 (3 metric)</strong></td>
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<tr>
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</table>
### Small Bone Suture Anchors with FiberWire & Needles

<table>
<thead>
<tr>
<th>Suture Size</th>
<th># of Sutures</th>
<th>Description</th>
<th>Disposable Kit</th>
<th>Anchor Dimensions</th>
<th>Cat Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-0 (3 metric)</td>
<td>1</td>
<td>Micro Bio-SutureTak</td>
<td>AR-1320DSC</td>
<td>2.4 mm x 6.5 mm</td>
<td>AR-1320BNF</td>
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<tr>
<td>2-0 (3 metric)</td>
<td>1</td>
<td>Mini Bio-SutureTak</td>
<td>AR-1322DSC</td>
<td>2.4 mm x 8.5 mm</td>
<td>AR-1322BNF</td>
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<tr>
<td>2-0 or 0 recommended</td>
<td>0</td>
<td>2.5 mm Bio-PushLock</td>
<td>AR-1322DSC</td>
<td>2.5 mm x 7 mm</td>
<td>AR-8825B</td>
</tr>
<tr>
<td>2-0 or 0 recommended</td>
<td>0</td>
<td>2.5 mm PEEK PushLock</td>
<td>AR-1322DSC</td>
<td>2.5 mm x 7 mm</td>
<td>AR-8825P</td>
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<tr>
<td>1 (4 metric)</td>
<td>1</td>
<td>Bio-SutureTak w/Needles</td>
<td>AR-8934DSC</td>
<td>3 mm x 14 mm</td>
<td>AR-8934BNF</td>
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<td>2-0 (3 metric)</td>
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<td>AR-1320BCNF</td>
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<td>Mini Bio-Composite SutureTak</td>
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<td>2.4 mm x 8.5 mm</td>
<td>AR-1322BCNF</td>
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<tr>
<td>1 (4 metric)</td>
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<td>Bio-Composite SutureTak w/Needles</td>
<td>AR-8934DSC</td>
<td>3 mm x 14 mm</td>
<td>AR-8934BCNF</td>
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<tr>
<td>0 (3.5 metric)</td>
<td>2</td>
<td>Bio-Corkscrew w/Needles</td>
<td>Reusable Top</td>
<td>3.7 mm x 19.7 mm</td>
<td>AR-1923BNF</td>
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<tr>
<td>1 (4 metric)</td>
<td>2</td>
<td>Bio-Corkscrew FT Suture Anchor</td>
<td>Reusable Top</td>
<td>5.5 mm x 15 mm</td>
<td>AR-8927BNF</td>
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<tr>
<td>2-0 (3 metric)</td>
<td>1</td>
<td>Micro Corkscrew FT Suture Anchor</td>
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<td>2.2 mm x 4 mm</td>
<td>AR-1318BFT</td>
</tr>
<tr>
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<td>Mini Corkscrew FT Suture Anchor</td>
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<td>2.7 mm x 7 mm</td>
<td>AR-1319FT</td>
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<tr>
<td>1 (4 metric)</td>
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<td>3.5 mm Corkscrew FT Suture Anchor</td>
<td>-</td>
<td>3.5 mm x 10 mm</td>
<td>AR-1915FT</td>
</tr>
<tr>
<td>2-0 (3 metric)</td>
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<td>Small Bone FASTak Suture Anchor</td>
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<td>AR-1322-752SF</td>
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<tr>
<td>0 (3.5 metric)</td>
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<td>Corkscrew Suture Anchor</td>
<td>(self-drilling)</td>
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<td>AR-1915SMF</td>
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<tr>
<td>1 (4 metric)</td>
<td>2</td>
<td>Corkscrew Suture Anchor</td>
<td>(self-drilling)</td>
<td>5 mm x 15 mm</td>
<td>AR-1920SMF</td>
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</tbody>
</table>